

I AM.

A SPIRITUAL & INTUITIVE BEING

FIT & HEALTHY

CREATIVE & MULTI-TALENTED ARTIST

LIFE LONG LEARNER & POLYMATH

POSITIVE INFLUENCER

FINANCIALY INDEPENDENT & WEALTHY

ORGANIZED & ON TOP OF THING

I DO:

- + MEDITATE EVERY AM
- + PRAY EVERY DAY
- PRACTICE MINDFULNESS

- + YOGA / EXERCISE / DAY
- + COOK EVERY DAY
- HEALTHY EATING

- LEARN NEW MEDIUM / MONTH
- NEW ARTWORK / WEEK

- + READ EVERY DAY  
AFTER LUNCH, BEFORE BED
- NEW SKILLS / MONTH
- SUMMARIZE BOOK LEISURE / MONTH

- NEW VIDEO / 2 WEEKS
- NEW IG POST / WEEK

- INVEST / MONTH
- TRACK SAVINGS / MONTH
- MONTHLY EXPENSES / WEEK

- + INBOX ZERO / WEEKLY
- FILE HOUSEKEEPING / WEEK
- + BULLET JOURNAL / DAY

AM

NO

PM

DAILY

WEEKLY

MONTHLY